



July 2020 Edition

What a great month it has been at Occasional Care.

Emily McDerby has joined our team on Mondays and Wednesdays. She is very excited to be working with you and your children so please join us in making her feel welcome. Many of you may have already met Emily as she was the Centre Director of our Children's Centre prior to going on parental leave. She has returned part time and we are very lucky to have her join our team.

We have been taking part in a lot of different activities this month, with a lot of them involving the children working with each other.

Building blocks has been an activity that the children have really enjoyed, they have been making roads for all of the cars and they have also been making walk ways and using their balance to walk across the blocks.



We took part in some cooking experiences this month making some damper. All of the children had their own damper which they were able to knead and make it into the shape they wanted, we then place the damper on baking paper with their names and placed it in the oven and had the damper for afternoon tea.

We also did some beautiful dot paintings which are on display in the foyer.

This month ended with National pyjama day to raise money for children in foster care. It was great to see all of the children and staff in their pyjamas, thank you to all of the families who participated in the day.



Even though we are in winter we have been very lucky with the weather and have been able to be outside most days, which has meant that the children have been able to make some

amazing sandcastles. They have loved being able to knock them over as well. The bikes have been a big hit again this month. The children were great at listening to each other and stopping on their bikes when it was red.



We have bought in some dolls heads and pretend makeup for the children to use. The children have loved being able to put makeup on the dolls with the brushes. The baby dolls have been looked after very well by the children making sure that they are dressed, fed and have been taking them to the shops as well as the cafes, which I am sure they are all missing in real life.

Again, a big thank you all for being so patient in the mornings when we have to take your temperatures this is to help keep everyone safe from COVID 19.

If you have any questions, please feel free to speak with myself, Tayla or Emily at any stage.

Reminder:

During the cooler wet weather, we ask families to please pack Beanies, jackets and most especially changes of clothes, even gumboots if possible. That way we can still enjoy some outdoor play during these cooler days.



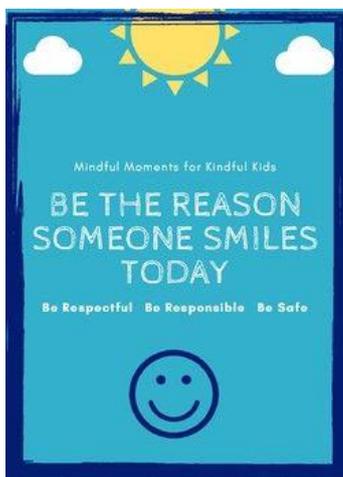
As service we do not have an endless supply of spare clothes, so if you could please return spare clothes that may have been sent home on your children that would be greatly appreciated.

Cire Children's Services Facebook Page

Cire Children's Services now has its own Facebook Page. Please follow and like our page.

Here is the link:

<https://www.facebook.com/cirechildrenservices/>



Wearing a face mask protects you and your community by providing an additional physical barrier to coronavirus (COVID-19).



Wash your hands before putting on the mask.



Make sure it covers your nose and mouth and fits snugly under your chin, over the bridge of your nose and against the sides of your face.



Do not touch the front of the mask while wearing it. If you do touch the mask, wash or sanitise your hands immediately. Do not allow the mask to hang around your neck.



To remove the mask wash or sanitise your hands first.

Carefully remove your mask by grasping the ear loops or untying the ties. For masks with a pair of ties, unfasten the bottom one first, then the top one.

If your mask has filters, remove them and throw them away. Fold the mask and put it directly into the laundry or into a disposable or washable bag for laundering. Single use surgical masks should be disposed of responsibly.



Wash or sanitise your hands after removing the mask.



Dates to Remember:

Friday 14th- August- Red Nose Day- All Things Red to raise awareness and funds.



Monday 17th to Friday 21st August- Science Week-



science experiments and messy play activities.

Looking for some cool science on YouTube?

Learn how to make ice-cream in 10 minutes, bath bombs that look like pokéballs, a glow-in-the-dark marble run, fireworks in a jar, lava lamps, kaleidoscopes and much, much more! These videos are a fun and entertaining way of stepping you through science activities that you can try at home.

All the videos are put together by a fully qualified scientist and experienced children's entertainer. Kids will love the videos, and parents will get a chuckle too. Check them out now on the Silly Science with Simon YouTube channel.

Monday 24th to Friday 28th August- Book Week-

dress up as your favourite book character. The theme for 2020 Book Week is Curious Creatures, Wild Minds



Some Tips and resources to help cope through COVID-19

Recordings/ Podcasts:

Parenting in Pandemic - podcast episodes

World-leading parenting expert Professor Matthew Sanders answers parenting questions and provides real, actionable advice to help steer households through this challenging time.

The University of Queensland

<https://pfsc.psychology.uq.edu.au/parentinginapandemic>

Parenting in the Age of Coronavirus: How to Maintain Wellbeing - podcast episodes

Child health experts discuss the challenges parents are facing, how they can support their own needs, and their children so they can learn, thrive and develop.

Murdoch Children's Research Institute

<https://www.mcric.edu.au/podcasts/coronavirus-parenting>

Yarra Ranges Council provides supports and programs for children, young people and families:

- Linking Families Service – Early Years (0-6 years)
Ph:9294 6573
E: n.ween@yarraranges.vic.gov.au
- Early and Middle Years team (0-12 years)
Ph:1300 368 333
E: EarlyYears@yarraranges.vic.gov.au
- Youth team (12-25 years)
Ph: 9294 6716
E: youth@yarraranges.vic.gov.au

To stay connected with local information, support and new initiatives, families can find us online at: · Council website www.yarraranges.vic.gov.au

- Yarra Ranges Families Facebook page: www.facebook.com/yrfamilies or
- Yarra Ranges Youth Facebook & Instagram www.facebook.com/yarrarangesyouth www.instagram.com/yarrarangesyouth