

What's on at OurHub

Chirnside Park

Book today by scanning the code



Term 1 2024



www.cire.org.au

What's on at OurHub



Chirnside Park

Term 1

Art, Craft & Photography

Crafters

Bring your own craft project, grab a cuppa and share your creative ideas with like-minded people.

Schedule: Wednesdays 10am to 12pm

Bookings: Drop-ins welcome
Phone Cire on 1300 835 235

Price: Gold coin donation

Scrapbooking Sundays

Express your creative side with the guidance of Scrapbooking expert Nicola. Learn a range of paper crafts and preserve your memories in your own book. All ages and skill levels are welcomed.

Schedule: First Sunday of each month
9am to 5pm

Bookings: Phone Nicola on 0401 134 692

Price: \$30 per session

Art Group (Untutored)

Bring along a current art/craft project that you are working on and enjoy spending time with like-minded people as you work on your own art.

Schedule: Mondays 12pm to 3pm

Bookings: Drop-ins welcome
Phone Cire on 1300 835 235

Price: \$5 per session

(BYO lunch and your artist tools)

Technology

TechHub

Learn a range of IT skills in a fun and supportive environment.

Bring your device or computer, or we can supply one for you.

Schedule: Tuesdays 1pm to 3pm

Bookings: Scan the code on the front page or
Phone Cire on 1300 835 235

Price: \$50 per semester (\$25 concession)



Fitness and Health

New Start Physiotherapy Balance Class

Do you want improve your balance function for everyday life. Whether you're suffer from dizziness or just have some balance issues, this class will help you get back to being you. After an initial consultation you will join the class with a program that suits your individual needs. Contact Achini to learn more.

Schedule:

Mondays 11:30am to 12:30pm and
Wednesdays 1:30pm to 2:30pm

Bookings: Call Achini on 0488 244 528

Price: \$15 per session

(Initial consultation cost \$86 which can be claimed on a private health fund)

New Start Physiotherapy

GLA:D™ Australia is a program for all individuals who experience any hip and/or knee osteoarthritis symptoms, regardless of severity. You may participate in the GLA:D™ Australia program if you have a hip or knee joint problem that resulted in visiting a health care provide.

Schedule:

Mondays 12.30pm - 1.30pm
Wednesdays 2:30pm - 3:30pm

Price: \$15 pp

Call Achini to book on 0488 244 528

Wellbeing Walkers

Looking to improve your health and wellbeing, and socialise at the same time? Join other community members each week and go for a stroll around the wetland's track. Then, come back to the Hub for a cuppa and a chat, and share your positive lifestyle tips. All ages, all abilities, pram and child friendly.

Schedule: Thursdays 9:30am - 11am

Bookings: No booking required
drop-ins welcome

Price: Gold coin donation

Fit 4 Life - 55+

Facilitated by a Clinical Exercise Physiotherapist
All exercises are designed to improve and maintain balance, strength and endurance.
All fitness levels welcome. 30-minute session, followed by refreshments.

Schedule: Fridays 10am to 10:30am

Bookings: Drop-ins welcome
Phone Cire on 1300 835 235

Price: \$7 per session

Social Line Dancing Group (all ages)

Nothing brings people together better than some good old fashion line dancing! Getting the body grooving with some upbeat tunes and great company whether you're a beginner or an experienced dancer we would love to see you there!

Schedule: Tuesdays 6pm - 7pm (fortnightly)
commencing 6th February 2024

Bookings: Phone Cire on 1300 835 235

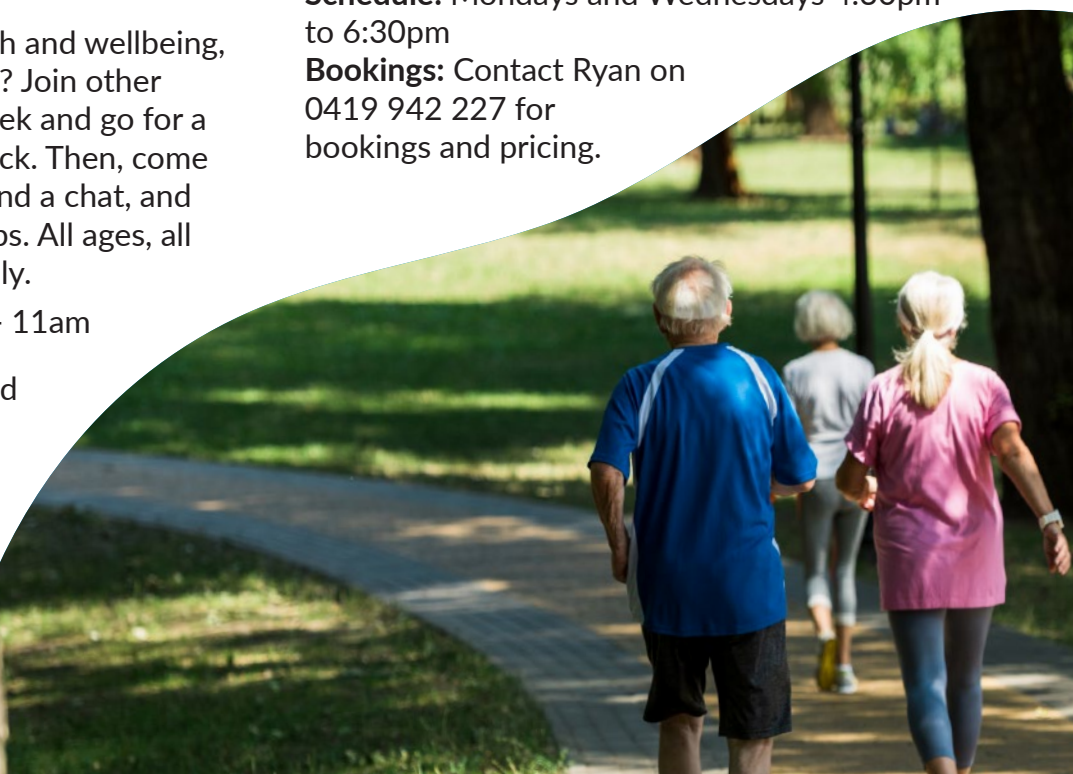
Price: \$7 per session

Martial Arts Classes

Martial Arts Classes are designed to increase your fitness, build your confidence, increase your focus and respect. Suitable for all ages and abilities.

Schedule: Mondays and Wednesdays 4:30pm to 6:30pm

Bookings: Contact Ryan on
0419 942 227 for
bookings and pricing.



Youth and Children

Bookaburra Story Time

Open to all families with children aged 0-5 years, these interactive sessions includes stories, rhymes and fun to support young children's early literacy skills and foster a love of reading.

Schedule: Thursdays 9:15am to 10am

Bookings: Drop-ins welcome

Price: Free Program

Level Up

Level Up is a weekly event for young people. Come along and hang out; includes loads of fun stuff to do after school including video games, games, craft and Dominos Pizza.

Schedule:

Ages 8 to 13 - Thursdays at 3:45pm to 5pm

Ages 13 to 17 - Thursdays at 5pm to 6:30pm

Bookings: Drop-ins welcome

Enrolment required before commencing
Phone Cire on 1300 835 235

Price: Free

*"Take what you need,
leave what you can"*

Hubs Community Pantry

33 Kimberley Drive, Chirnside Park
Monday to Friday, 9am to 5pm



COMMUNITY LUNCH
Around the World

BOOKINGS ARE ENCOURAGED
GOLD COIN DONATION
HELPING FUND PROGRAMS

**First Thursday
each month
12.00pm to
1.30pm**

**CHIRNSIDE PARK
COMMUNITY HUB**
33 Kimberley Drive,
Chirnside Park

Cooking | Independence | Tech | English | Money | Community

Everyday Learners

An inclusive program that supports people to gain a range of skills in a safe, routine-based setting.



Social Groups

Community Lunches - Around the World

A great opportunity to catch up with friends and family over a meal or meet like-minded people and learn about your community together. All are welcome.

Schedule: Thursdays 12pm to 1:30pm
1st Thursday of the month

Bookings: www.trybooking.com/CEFQV

Price: Gold coin donation

Board Games and Buddies

Miss those days before technology and game nights used to be a weekly tradition? Come along to our social group and play a different game each week with fellow community members. Tea, coffee, and biscuits provided.

Schedule: Thursdays 1pm to 3pm

Bookings: Drop-ins welcome
Phone Cire on 1300 835 235

Price: Gold coin donation

Yarra Valley Bonsai Society

Yarra Ranges Bonsai Society is a not-for-profit community organisation. Monthly meetings include demonstrations presented by guest practitioners. Saturday workshops involve members working on their own trees, under guidance where required.

Schedule: Second Tuesday and last Saturday of the month, 1pm to 4pm

Bookings: info@yarravalleybonsai.org.au

Price: \$30 annual fee plus a \$10 once off joining fee

The Repair Café

The repair Café is a local project run by passionate, community minded volunteers where you can come to have items repaired, fixed and hopefully given a new life!

Schedule: Sundays 10am to 12pm (once a month starting Sunday (4th Feb) Services may vary each month and check our Facebook page to keep up to date.

Price: Gold coin donation

OurHub Book and Movie Club

Each month, this social group meets to share their thoughts on the nominated book and movie over a cuppa. Not a reader? No worries, we only select stories that have been adapted into movies so you can choose to just view.

Schedule: Last Wednesday of the month
6:30pm to 8:30pm

Bookings: No booking necessary.
www.cire.org.au/ourhub-book-and-movie-club/

Price: Gold coin donation

Seniors Group

Get to know others in your local community. This social group meets weekly and enjoy different activities each week.

Schedule: Tuesdays 11am to 2pm

Bookings: Phone Maureen 9725 5226

Price: \$5 weekly and
\$10 annual membership



FREE EVENT

FOOD TRUCKS

90+ STALLS

KIDS ACTIVITIES

EASTER MARKET

SAVE THE DATE

SUN 24 MAR 9AM-2PM

33 KIMBERLEY DRIVE, CHIRNSIDE PARK

Stallholders - apply today!



Chirnside Park Community Hub 33 Kimberley Drive, Chirnside Park

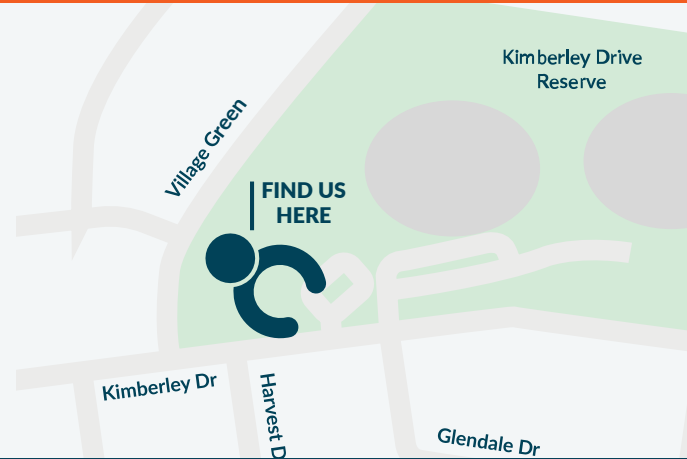
The Hub offers a range of programs, activities and room hire suitable for all members of the community.

For bookings or more information:

Ph: 1300 835 235

E: communityhubs@cire.org.au

www.cire.org.au



To learn more about our programs, services and activities:

www.cire.org.au | 1300 835 235 | communityhubs@cire.org.au



Scan the QR code to visit our website



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